
CAPE BRETON COUNTY MINOR HOCKEY ASSOCIATION

GUIDELINES - POLICY & PROCEDURES

CATEGORY – REP TEAMS	POLICY NUMBER – 1.0
APPROVED BY – CBCMHA EXECUTIVE	EFFECTIVE DATE – 05/01/23

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MISSION STATEMENT

CBCMHA is dedicated to providing a hockey program that promotes the importance and understanding of work ethic, sportsmanship, discipline, teamwork and the fair treatment of others by providing a positive and enjoyable experience in a safe and respectful environment.

PLAYER CODE OF CONDUCT

- Required to attend all scheduled games and practices. If player is unable to attend, the Player/Parent/Guardian must contact the Team Representative
 - Be at the rink on time - before games (1 hour) - practices (30 min)
 - Approach development opportunities with a positive attitude and accept constructive feedback (feedback is not criticism)
 - Play the position I am assigned by my coaches to the best of my ability.
 - Respect the facilities, either home or away, in which I'm privileged to play in.
 - Exhibit a high degree of sportsmanship, teamwork and positive attitude when representing my team and CBCMHA at all team practices, games and events
 - Refrain from using foul language towards teammates, coaches, officials or opponents
 - Refrain from making any derogatory comments as to another individual's race, ethnic origin, color, religion, gender, and/or sexual orientation
 - Demonstrate respect for the decisions, judgment, and authority of my coaches.
 - Demonstrate respect for the decisions, judgment, and authority of the officials.
 - Demonstrate respect for players on my team as well as the players on the opposing team
 - Accept defeat gracefully...love the game above the prize
 - I will control my temper, being argumentative, "mouthing off", and using foul or derogatory language - directed at coaches, teammates, officials, parents, and opponents. This can spoil the activity for all involved. Coaches and Officials are there to help me. I will accept their decisions and show them respect.
 - I will control my emotions during frustrating situations and not bang my stick on ice, or boards in frustration. This will not be tolerated and will be addressed by Coaches.
 - I will not take extended shifts.
 - I will not take unnecessary or retaliation penalties
 - I will control my body language (avoid display of negative emotion) on and off the ice.
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CBCMHA PARENT/GUARDIAN CODE OF CONDUCT

- Support my child and all players with positive encouragement and refrain from negative comments.
- Respect and adhere to the policies, rules and regulations determined by Hockey Canada, Hockey Nova Scotia, CBCMHA, and my son/daughter's team.
- Respect Hockey Nova Scotia Social Media Policy.
- Ensure that my child attends all games and practices in a timely manner. Notify the Team Manager ahead of time if my child is unable to attend a practice or game
- Follow the 24-hour rule to address any complaints or concerns
- Support my child with positive encouragement.
- Refrain from expressing my opinion of the coaches or players in front of my child, players and parents
- Refrain from yelling at or threatening referees, opposing players or coaches - before, during, or after games or practices.
- Be familiar with the HNS Maltreatment Policy and understand that disciplinary action will be taken if necessary
- Refrain from criticism of coaches, team officials, referees, players, opponents, opposing coaches, opposing team officials and other participants during home and away league games and tournaments Should I feel that criticism is warranted, I shall offer it in a manner that is fully respectful, communicate through the proper channels, and follow the 24 hour rule
- Refrain from directing comments which are insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to players, bench staff, officials, association volunteers, including executive members. Should I feel that criticism is warranted, I shall offer it in a manner that is fully respectful, communicate through proper channels, and follow the 24 hour rule
- I will comply with the Rules and Regulations of CBCMHA

Any parent who exhibits behavior that is deemed inappropriate, will be subject to disciplinary action by the *Cape Breton County Minor Hockey Association Disciplinary Committee*. The *Disciplinary Committee* of the *Association* is empowered to suspend any parent(s) from all activities of the Association, following a Disciplinary hearing.

Disciplinary Process

1. Letter of Warning,
2. Short Term Suspension (should behavior continue)
3. Long Term Suspension (with approval from CBCMHA President)

A parent, who fails to comply with the terms and conditions of the suspension, will face additional consequences which could result in having his/her membership suspended indefinitely, or permanently.

DRESSING ROOM GUIDELINES

- Parents of players in the U11, U13, U15 and U18 divisions are not permitted in the dressing room
- If there are any issues or concerns Parents/Guardians can discuss with Coaching Staff

COMMUNICATION/RESOLUTION FLOW CHART

STEP 1
Player/Parent
Determine if the issue is a player or parent issue

STEP 2
Email to be submitted to Team Representative
(after 24 hours)

STEP 3
Bench Staff and Manager to discuss issue

STEP 4
Team Representative to respond to Parent/Guardian

STEP 5
If issue is not resolved an email is to be forwarded to
the CBCMHA Discipline Committee

STEP 6
Issue will be reviewed by the Disciplinary Committee
Committee will determine if an additional meeting is warranted
with parent/guardian and or Bench Staff
Disciplinary action will be taken if determined that policy and
procedure have not been followed

STEP 7
If issue is still unresolved to parent/guardians satisfaction, the parent/guardian can contact the
Hockey Nova Scotia Regional Director, Guy Reid

COACHES CODE OF CONDUCT

- Ensure to the best of my ability that players conduct themselves in a manner that minimizes the risk of injury, both physical and psychological, to themselves and others. This includes refraining from making any derogatory comments as to an individual's race, ethnic origin, color, religion, gender, and/or sexual orientation.
 - Refrain from unacceptable behavior after a loss or poor performance.
 - Maintain self control during frustrating situations
 - Demonstrate respect to players and parents of my team and opposing team
 - Refrain from using foul language towards players, other coaches, on-ice officials and opponents.
 - Demonstrate respect for the decisions, judgment, and authority of the officials.
 - Demonstrate respect for the feelings and abilities of the players on the opposing team
 - Accept the capabilities of all players.
 - Accept defeat gracefully...love the game above the prize.
 - Act as a leader of my team and act in a highly professional manner at all hockey related activities.
 - Be responsible for my behavior and the behavior of my team and bench staff
 - Work closely with the Development Committee with regards to practice planning and be receptive to constructive feedback
 - Comply with the rules and regulations of CBCMHA
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- Failure to comply with the Code of Conduct, may result in Disciplinary Action, in accordance with the Policies and Procedures of CBCMHA – including but not limited to, the loss or suspension of certain or all privileges associated with CBCMHA on and off-ice activities and events

COACHES GUIDELINES

- Coaches are required to discuss the CBCMHA philosophy regarding fair play, at the beginning of the season
- Ensure all players and parents understand team, player, parent/guardian and bench staff expectations for the year
- Executive member(s) will attend scheduled team meetings
- Coaches will have a follow up meeting prior to the start of the second half of the season to review and update

FAIR PLAY

- Coaches are expected to discuss CBCMHA philosophy regarding fair play at the beginning of each season and again in January to ensure all players and parents understand what the expectations are for the hockey season. During games, coaches will provide fair play opportunities for all players, regardless of ability. *Fair Play is not Equal Play*. Equal ice is defined as equal ice-time every game to the best ability of the coach. Throughout the course of a game, situations will arise (power play/penalty kill) which may result in the coach choosing to support line consistency and player lines may have to be adjusted

ICE TIME

- Rep team coaches will utilize the first half of the season to allow all players to play in all critical game situations (power play, penalty kill, final minutes of game.). Ice time reduction may occur if any player breaks a key point in the player code of conduct..
- A line shift may be shortened where critical mistakes are being made and immediate correction or instruction is required to ensure the team's effort is not compromised. The line will then return to their normal rotation and will have an opportunity to put into play what they have just learned. A player may be required to sit a single shift, or shifts, as a disciplinary action if the player is repeatedly refusing to follow the coach's instruction, and other tactics have failed to get the player's attention. When such disciplinary action is taken, the coach will provide an explanation to the player. Proper communication to the player is crucial to ensure they understand what is happening, why it's happening and what is needed to ensure that it does not happen again. The coaching staff is expected to be fair and consistent all season.
- Starting in January to the end of the scheduled season, coaches can utilize a set power play and penalty kill.. For example, a power play unit (1) may start the power play and the second unit will follow. During the next power play - unit 1 and unit 3 may be used. The same applies to penalty kill situations.
- Coaches have the option in the last 5 minutes of every game to shorten the bench.

COMMUNICATION/EDUCATION

- Advertise zero tolerance with regards to inappropriate behavior. This is done with arena signage, website, parent/player information sessions, team meetings, and registration documentation.
- Educate all participants. Prior to the team selection process participants will be provided the necessary information and informed about the importance of proper behavior. All players are responsible to demonstrate proper behavior at all rink activities. Association policies, procedures and Guidelines will be posted on the website. All players must sign a Player Code Of Conduct prior to participation in any on-ice activity
- Policies and procedures will be included documentation provided at time of registration

- Information on the The Team selection process will be available for all participating players and parents
- Additional Information will be provided for all parents at a mandatory team meeting, once the team roster is finalized

September, 2023